









CONTACT US



Primary Medical Services: 1-920-240-5651

No Cost COVID-19 Risk Mitigation Services: 1-920-787-9450



Wautoma Center 400 South Townline Road Wautoma, Wisconsin 54982 1-800-942-5330



Family Health La Clinica @fhlcchc



www.famhealth.com msaw@famhealth.com





MOBILE MIGRANT HEALTH SERVICES

Primary Medical Services: 1-920-240-5651

No Cost COVID-19 Services: 1-920-787-9450





OUR SERVICES

Primary Medical Care:

- Medical visits
- Health screenings and education
- Immunizations
- Lab services
- Medication refills
- Treatment for acute and chronic conditions
- Referrals

No Cost COVID-19 Risk Mitigation Services:

- Housing & worksite assessments
- COVID-19 testing, education, and follow-up
- Pre-travel testing
- Outbreak support
- COVID-19 vaccines

All services are duallanguage English and Spanish. COVID-19 services are provided at no cost.

WHY FAMILY HEALTH MOBILE SERVICES?

The best part about our Mobile
Migrant Health Services is that they
are mobile!

That's right, our experienced teams will **come to you** to deliver your workers with outstanding, quality primary medical and COVID-19 risk mitigation services provided by qualified, licensed professionals.

You can consider us your partner in helping to ensure that your workers are healthy and safe. You want them to remain working and so do they. We are here to make that happen.

Call us today to schedule services at your location! Our teams are bilingual in English and Spanish to meet your needs. Additional languages are available through our Stratus technology service.

OUR TEAM

Dr. William Kinsey

Medical Director

Mobile Migrant Health Services

Netzali Pacheco Rojas Mobile Health Practice Manager Mobile Migrant Health Services

Cecilia Oliveira, RN
Mobile RN Supervisor
Mobile Migrant Health Services

Plus our support team of clinical staff!

Questions?
Call or email us at msaw@famhealth.com.
Visit our website at famhealth.com.

As members of your care team, we will:

- Respect you and your family values and needs.
- Respect your culture and use language you can understand.
- Help you set health goals and create an action plan.
- Track the care you get from other clinicians.
- Ask for your ideas on how we can improve your care.
- Offer appointments at times convenient for you.
- · Explain test results and what will happen next.
- Help you get support services when you need them including Behavioral Health, Dental, and WIC.
- Take time to make a personal connection with you.
- Help you plan for and manage any chronic health problems.
- Find specialists when they are needed.
- · Use evidence-based medicine.

Appointment Information

- Calling in advance is always best.
- We offer same day appointments for medical only.
- Arrive 15 minutes prior to your appointment for patient paperwork.
- See website for site-specific hours.

For urgent matters after normal clinic hours you can call (800) 942-5330, select your language (#1 for English, #2 for Spanish), then press #3 and an on-call provider will call you back. Please call 911 for all emergencies.

We are here to serve YOU!

Wautoma Medical, Dental, & Behavioral Health Center

400 South Townline Road P.O. Box 1440 Wautoma, WI 54982 Phone: 920-787-5514

Mauston Dental Center

880 Herriot Drive PO Box 448 Mauston, WI 53948 Phone: 608-847-6700

Beaver Dam Dental Center

207 South University Avenue Beaver Dam, WI 53916 Phone: 920-356-5012

Stevens Point Dental Center

3504 E Maria Dr. Stevens Point, WI 54481 Phone: 715-997-9802

Roche-A-Cri Friendship Behavioral Health & Recovery Center

302 W Lake St P.O. Box 14 Friendship, WI 53934 Phone: 608-474-4355

Toll Free # For All Sites: 800-942-5330







Patient Centered Medical Home

Medical, Behavioral Health,
Substance Recovery & Dental Centers

Toll Free: (800) 942-5330

www.famhealth.com

Services available on a sliding-fee scale for qualifying patients









What is a Medical Home?

We have made changes to the way we provide care here at FHLC. These changes are based on a model called Patient Centered Medical Home (PCMH).

PCMH is a partnership between you, your family, your primary clinician, behavioral health specialist, dentist, health educator, medical assistant, and other clinical staff working together as a team in caring for your health.

Sign up for MyChart—ask us how!

You can communicate with a Medical Home Team member anytime during normal working hours by calling (800) 942-5330 or sending a clinical message via MyChart.

MyChart can be accessed via your smartphone or computer and offers 24/7 access to your health information.

What else can you do with MyChart?

- Manage your appointments.
- Access your test results.
- Request prescription refills.
- Pay your bill and more.

Call for an appointment: (800) 942-5330

Services Offered

Primary Health Care

Adult Well Care Immunizations

Pediatrics

Preventative Services

Chronic Disease Management

Women's Health

Family Planning Annual Exams

Breast Health

Prenatal Care & Follow up

Menopausal Care

Health Education

Diabetes and Nutrition

Smoking Cessation Counseling

Behavioral Health

Therapy & Psychiatry Child Assessment

Substance Recovery

Pre Employment

Drug Testing
Health Screening

Lab Services

Thyroid

Cholesterol

Blood Sugar Urinalysis

And more

WIC Services

Food & Nutrition Program

Breastfeeding Counseling

Dental Services

Oral Exams

Consults & X-rays
Fillings & Cleanings

Fluoride Treatments

Dentures & Partials Emergency Care

School-based

Specialty Services

Colposcopy

Endometrial Biopsy

Frenotomy





As a patient of FHLC, I will:

- Choose a primary care provider (PCP).
- Bring all medicines, supplements, and herbal or holistic products I use in their original containers to my appointments.
- Fill my prescriptions on time, use them as prescribed, and tell you of any problems.
- Let you know if I am unable to take medicine or follow my care plan.
- Let you know when I get care somewhere else.
- Help you create my action plan and track my progress.
- Ask you things I do not understand.
- Ask you if I need any tests or shots.
- Ask for supportive services when I need them.
- Tell you how I am feeling and how it affects my life.
- Bring all questions I have to my appointments.



United Migrant Opportunity Services/UMOS, Inc. 2701 South Chase Avenue • Milwaukee, WI 53207 (414) 389-6000 • www.UMOS.org

CHECK REQUEST

Date:.

Farmworker Name:	Number in Household:				
Mailing Address:					
City/State/Zip:	Phone #:				
Agricultural Employer Name:					
Type of Farm Work You Do: _					
	(Crop, Dair	ry, Proce	ssing, Animal Care, etc.)		
I Need Cash Assistance for (cl	heck all that apply):				
Food/Personal Care	Electric/Gas Bill		Other:		
Health/Medical	Lodging/Rent				
Gasoline/Transportation	Child Care				
PPE Received:	(#) Boxes/Bags of (50) masks		(#) Pairs of Gloves		
I attest that I am a farmworker in ne amount of assistance.	ed of emergency assistance during the cur	rent heal	th pandemic, COVID-19, and I have requested the following		
amount or assistance.					
(Recipient of Witness Name – PRINT		(Farmwo	orker Agency Case Worker/Manager Name - PRINT)		
· · ·	<u></u> _				
(Recipient Signature or Witness - if n	nark is used)	(Farmwo	rker Agency Case Worker/Manager Signature)		
Farmworker Agency Providing Assistance (Name) and State:					
Amount Requested: \$	(Payable to Fa	rmwork	er Name and Sent to Mailing Address Above)		
(Farmworker Agency Authorized Sup	pervisor/Manager/Director Name – PRINT)	_	(Title)		
(Farmworker Agency Authorized Sup	pervisor/Manager/Director Signature)	-	(Date Signed)		
Instructions to Farmworker A	Agency:		UMOS Office Use Only:		
Submit signed document to UMOS	at the above address, ATTN: UMOS				
FARMWORKER PROGRAM.	Control of the Control of Control		QA Review by:(QA Staff Initials)		
Worker/Manager and authorized Su	•				
	ssistance and submitted for payment withi Check Requests will be processed for paym		Date QA Reviewed:		
within 30 days of UMOS Accounting	Department's receipt of this document fro	om	Approved Check Amount: \$		
	ne assistance. All questions must be directenis assistance. No fees will be paid by UMO		GL Account #: <u>60911-2000-012-01</u>		
the Farmworker Agency processing t	this form. This funding is an ancillary benef Farmworker Agency's other farmworker				
program funding for targeted farmw					

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.





If you had close contact with a person who has COVID-19



 The best way to protect yourself and others is to <u>stay home for 14 days</u> after your last contact. Check your <u>local</u> <u>health department's website</u> for information about options in your area to possibly shorten this quarantine period.



 Check your temperature twice a day and watch for symptoms of COVID-19.



 If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.



ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.





If you are sick and think or know you have COVID-19



- Stay home until after
 - At least 10 days since symptoms first appeared and
 - At least 24 hours with no fever without fever-reducing medication and
 - Symptoms have improved



If you tested positive for COVID-19 but do not have symptoms



- Stay home until after
 - 10 days have passed since your positive test



If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.

cdc.gov/coronavirus

Cleaning and Disinfecting after a confirmed COVID-19 case



It is important to clean and disinfect spaces in order to avoid further spread of Coronavirus (COVID-19). This document can help guide you on what areas to disinfect, what disinfecting products to use, how to disinfect, what protective equipment to wear, and who should disinfect the contaminated areas. The cleaning procedures in this document should reduce any health hazard risk.

What to Clean:

- Clean and disinfect high-touch surfaces. Focus on bathrooms, common areas, and areas where the person with COVID-19 was for extended periods of time. Concentrate on high touch surfaces such as tables, hard-backed chairs, doorknobs, light switches, handles, desks, toilets, and sinks.
- Wear disposable gloves when cleaning and disinfecting surfaces. All gloves should be thrown away after each cleaning/disinfection and should not be used for other purposes. Gloves should be changed if torn.
- Clean hands immediately after gloves are removed and thrown away.



How to Clean and Disinfect:

If surfaces are dirty, clean surfaces using a detergent or soap and water before disinfection.

HARD SURFACES

- For disinfection, clean surfaces using diluted household bleach solutions, alcohol solutions with at least 70% alcohol, or most common EPA-registered household disinfectants.
- Use diluted household bleach solutions. Follow manufacturer's instructions for application and proper ventilation.
- Make sure the product is not expired.
- Never mix household bleach with ammonia or any other cleanser.

SOFT (POROUS) SURFACES

- Remove visible contamination if present and clean with appropriate cleaners indicated for use on soft surfaces.
- Launder items following the manufacturer's instructions.
- If possible, launder items using the warmest water setting for the items and dry items completely.
- If you cannot launder items, use EPA-registered products for emerging viral pathogens that work for soft surfaces.

What Products to Use:

Household bleach will be effective against COVID-19 when properly diluted.

PREPARE A BLEACH SOLUTION BY MIXING:

- 5 tablespoons (1/3rd cup) bleach per gallon of water or 4 teaspoons bleach per quart of water
- Do **NOT** use expired household bleach
- Wipe bleach solution onto the surface and allow the surface to air-dry
- Other <u>EPA-registered household disinfectant products</u> are expected to be effective against COVID-19. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).



LOOKING FOR MORE INFORMATION?

Visit the <u>CDC environmental cleaning and</u> <u>disinfection website</u> for updated information.





COVID-19 Vaccines

Vaccines (shots) are one of the tools we have to fight the COVID-19 pandemic.



To stop this pandemic, we need to use all of our prevention tools. Vaccines are one of the most effective tools to protect your health and prevent disease. Vaccines work with your body's natural defenses so **your body will be ready to fight the virus**, if you are exposed (also called immunity). Other steps, like wearing a mask that covers your nose and mouth and staying at least 6 feet away from other people you don't live with, also help stop the spread of COVID-19.

Studies show that COVID-19 **vaccines are very effective** at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. These vaccines cannot give you the disease itself.



The vaccines are safe. The U.S. vaccine safety system makes sure that all vaccines are as safe as possible. All the COVID-19 vaccines that are being used have gone through the same safety tests and meet the same standards as any other vaccines produced through the years. A system in place across the entire country that allows CDC to watch for safety issues and make sure the vaccines stay safe.



Different types of COVID-19 vaccines will be available.

Most of these vaccines are given in two shots, one at a time and spaced apart. The first shot gets your body ready. The second shot is given at least three weeks later to make sure you have full protection. If you are told you need two shots, make sure that you get both of them. The vaccines may work in slightly different ways, but all types of the vaccines will help protect you.



www.cdc.gov/coronavirus/vaccines



The vaccines may cause side effects in some people, like sore muscles, feeling tired, or mild fever. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a day or two. **Having these types of side effects does NOT mean that you have COVID-19**. If you have questions about your health after your shot, call your doctor, nurse, or clinic. As with any medicine, it is rare but possible to have a serious reaction, such as not being able to breathe. It is very unlikely that this will happen, but if it does, call 911 or go to the nearest emergency room.



When you get the vaccine, you and your healthcare worker will both need to wear masks.

CDC recommends that during the pandemic, people wear a mask that covers their nose and mouth when in contact with others outside their household, when in healthcare facilities, and when receiving any vaccine, including a COVID-19 vaccine.



Even after you get your vaccine, you will need to keep wearing a mask that covers your nose **and** mouth, washing your hands often, and staying at least 6 feet away from other people you do not live with. This gives you and others the best protection from catching the virus. Right now, experts don't know how long the vaccine will protect you, so it's a good idea to continue following the guidelines from CDC and your health department. **We also know not everyone will be able to get vaccinated right away, so it's still important to protect yourself and others.**

Agricultural Employer Checklist Section 3: Special Considerations for Shared Housing

Item	Status	Notes/Comments
Provide <u>basic guidance</u> about COVID-19 and steps being taken to prevent transmission in housing areas.	Completed Not Started Ongoing N/A	
Keep family members together in housing facilities.	Completed Not Started Ongoing N/A	
Prepare dedicated and segregated spaces for sleeping quarters, kitchens, and restrooms for quarantining workers with confirmed or suspected COVID-19.	Completed Not Started Ongoing N/A	
Promote enhanced sanitation practices.	Completed Not Started Ongoing N/A	
Provide disposable gloves, soap for handwashing, and household cleaners to help residents and staff implement personal preventive measures.	Completed Not Started Ongoing N/A	
Develop and implement enhanced sanitation and cleaning plans:	Completed Not Started Ongoing N/A	
Specify frequency of sanitation and cleaning.	Completed Not Started Ongoing N/A	
Identify a person responsible for carrying out the plan.	Completed Not Started Ongoing N/A	
Do not allow sharing of dishes, drinking glasses, cups, or eating utensils.	Completed Not Started Ongoing N/A	
Handle non-disposable food service items with gloves and wash with hot water and dish soap or in a dishwasher.	Completed Not Started Ongoing N/A	
Disinfect living quarters, cooking and eating areas, bathrooms, and laundry facilities.	Completed Not Started Ongoing N/A	
Ensure there is good airflow in shared rooms:	Completed Not Started Ongoing N/A	
Use an air conditioner or open windows.	Completed Not Started Ongoing N/A	
Clean air conditioner units and change filters according to manufacturer recommendations.	Completed Not Started Ongoing N/A	

Item	Status		Notes/Comments
Provide air filtration systems in units without air conditioner units.	Completed Ongoing	○ Not Started ○ N/A	
Routinely clean common areas following <u>CDC cleaning</u> and disinfection guidelines.	Completed Ongoing	○ Not Started ○ N/A	
Ensure residents regularly clean and sanitize living quarters following CDC cleaning and disinfection guidelines.	Completed Ongoing	○ Not Started ○ N/A	
Provide supplies for cleaning shared kitchen utensils and appliances.	Completed Ongoing	○ Not Started ○ N/A	
Continue providing access to laundry facilities, but establish guidelines to ensure social distancing.	Completed Ongoing	Not Started N/A	
Provide options for residents to store reusable PPE to prevent cross-contamination.	Completed Ongoing	○ Not Started ○ N/A	
Maintain social distancing in shared housing.	Completed Ongoing	○ Not Started ○ N/A	
Encourage social distancing during all housing activities, including cooking, sleeping, and recreation.	Completed Ongoing	○ Not Started ○ N/A	
Add physical barriers (if possible) between bathroom sinks and in other areas where maintaining 6 feet is not possible.	Completed Ongoing	○ Not Started ○ N/A	
Remove or space furniture in common areas.	Completed Ongoing	○ Not Started ○ N/A	
Modify bed configurations to maximize social distancing in sleeping quarters, where feasible:	Completed Ongoing	○ Not Started ○ N/A	
Arrange beds so that residents sleep head-to-toe with at least 6 feet between beds.	Completed Ongoing	○ Not Started ○ N/A	
Add physical barriers between beds when they cannot be 6 feet apart.	Completed Ongoing	Not Started N/A	
Minimize or avoid the use of bunkbeds.	Completed Ongoing	Not Started N/A	

Item	St	atus	Notes/Comments
Conduct meetings and conversations outdoors, whenever possible, to minimize congregation in close quarters.	Completed Ongoing	○ Not Started ○ N/A	
Encourage residents to wear <u>cloth face coverings</u> in shared spaces.	Completed Ongoing	○ Not Started ○ N/A	
Advise residents that cloth face coverings should not be placed on children under age 2, anyone who has trouble breathing or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.	Completed Ongoing	○ Not Started ○ N/A	
Conduct daily health checks at shared housing.	Completed Ongoing	○ Not Started ○ N/A	
Screen residents for <u>symptoms</u> and check temperatures daily.	Completed Ongoing	○Not Started ○ N/A	
Offer multiple screening locations or staggered screening times to prevent congregations of large groups.	Completed Ongoing	○ Not Started ○ N/A	
Protect the confidentiality of those with suspected or confirmed COVID-19.	Completed Ongoing	○ Not Started ○ N/A	
Establish a plan for responding to residents with suspected or confirmed COVID-19.	○ Completed ○ Ongoing	○ Not Started ○ N/A	
Provide accommodations separate from residents who are not ill.	Completed Ongoing	○ Not Started ○ N/A	
Consider designating one person who is not at <u>higher</u> <u>risk of severe illness</u> to assist an ill, isolated resident.	Completed Ongoing	○ Not Started ○ N/A	
Ensure personnel managing sick residents are protected from exposure by providing PPE for use when they are within 6 feet of individuals who are sick.	Completed Ongoing	○ Not Started ○ N/A	
Use separate buildings or rooms instead of physical barriers to separate ill residents from well residents.	Completed Ongoing	○ Not Started ○ N/A	
Consider providing separate food and bathroom access where possible.	Completed Ongoing	○ Not Started ○ N/A	
Restrict non-essential persons from entering the isolation area.	Completed Ongoing	○ Not Started	

ltem	Status	Notes/Comments
Provide medical access and telemedicine for emergent illnesses.	Completed Not Started Ongoing N/A	
Provide safe transportation, if necessary.	Completed Not Started Ongoing N/A	
For H-2A temporary housing considerations, review DOL explanation of alternative housing arrangements in response to COVID-19.	Completed Not Started Ongoing N/A	

Agricultural Employer Checklist Section 4: Special Considerations for Shared Transportation				
Item	Status		Notes/Comments	
Provide as much space between riders as possible.	Completed Ongoing	○ Not Started ○ N/A		
Group (or cohort) workers in the same crews and/ or those sharing living quarters together when transporting.	Completed Ongoing	○ Not Started ○ N/A		
Increase the number of vehicles and/or the frequency of trips.	Completed Ongoing	○ Not Started ○ N/A		
Provide hand washing/sanitizing stations for use before riders enter a vehicle and when arriving at their destination.	Completed Ongoing	○ Not Started ○ N/A		
Train riders to follow <u>coughing and sneezing etiquette</u> .	Completed Ongoing	○ Not Started ○ N/A		
Encourage all vehicle occupants to wear <u>cloth face</u> <u>coverings</u> .	Completed Ongoing	○ Not Started ○ N/A		
Clean and disinfect vehicles in accordance with <u>CDC</u> <u>quidelines for non-emergency transport vehicles</u> before and after each trip, or daily at a minimum.	Completed Ongoing	○ Not Started ○ N/A		